Achieving the Triple Aim with Relias

Relias brings together sophisticated analytic tools that pull actionable insights from claims and other data to drive meaningful and informed performance improvement efforts. The result: better outcomes, lower costs, and better patient and provider experience.

What It Does

Relias Population Performance Management is a cloud-based analytics solution that supports your population health management efforts. It works in the background to make sense of your data and give you access to the right set of tools to act on what it is telling you.

AGGREGATES, ANALYZES AND INTERPRETS DATA

Relias leverages data to identify care that falls outside accepted standards, making it possible for leadership to address the root cause of the variation and take the most effective action.

SUPPORTS EVIDENCE-BASED MANAGEMENT OF COMPLEX POPULATIONS

Relias provides evidence-based clinical guidance to promote the reliable delivery of care aligned to best practice. Interventions can be targeted at both patients and care providers.

ENHANCES CLINICAL & FINANCIAL RISK ANALYSIS

Relias gives you the tools to identify and stratify your high-risk and rising risk members allowing you to apply a tiered intervention strategy to better manage care, engage your members, and monitor performance over time.

Ultimately, Relias combines critical insight into the data with the right set of intervention tools to improve performance, leading to better care, better health, and lower costs.

34% reduction in ER visits over 3 years

$36M in cost savings the first year

9.1% reduction in hospitalizations
How You Benefit

MEANINGFUL INSIGHTS, INTUITIVE DISPLAY
Move from simply reporting the data to delivering insights that inform change.

• **Dashboards** allow drill-down to the individual member or provider level, identifying opportunities for providers to standardize care to evidence-based practice
• **Disease registries** enable more effective management of members with complex and co-occurring conditions
• **Automated and ongoing measurement** allows you to track and trend performance by regions, providers, care coordinators and more

EVIDENCE-BASED INTERVENTIONS
Provide the right tools at the right time to the right people.

• **Clinical considerations** for every measure identify the standard of care and offer alternative treatment options and references the underlying research.
• **Measure letters** alert providers to practice that falls outside the standard of care and identifies the quality measures that triggered the alert.
• **Targeted learning** from Relias gives providers access to both single courses and focused learning plans designed to build competencies and address knowledge gaps.

METRICS CONSIDERED
The analytics engine uses population and risk measures developed by our internal team of clinicians and standards from **HEDIS** and **CMS Quality Insights**. For example:

• Use of opioid medications for 45 days in a 90-day period
• Use of three or more psychotropic medications
• Presence of a follow up visit within 7 days after hospitalization for mental illness
• Presence of metabolic testing during the measurement year

Contact us: analyticssolutions@relias.com

Get Started

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www.relias.com