Reduce the Risk of Opioid Misuse

A Risk Stratification and Tiered Intervention Approach to Managing Problematic Opioid Use

The Problem: Opioid Prescribing and Use Outside of Clinical Standards
While evaluating and treating acute and chronic pain is an extremely important part of a physician’s practice, studies show that most problematic opioid use begins with a physician’s prescription, often for a legitimate medical need. It is vitally important for opioids to be prescribed according to established best practice and for providers to be aware of any risk factors that could increase the likelihood of problematic opioid use or overdose.

The Relias Solution: Identify Variance to Mitigate Risk of Misuse and Overdose
Employing the power of machine learning leveraging millions of data points, Relias Analytics offers a solution that stratifies your members according to their risk of problematic opioid use and overdose, giving you the information you need for practice. Our tool is continuously updated to reflect developments in the fields of pain management, opioid pharmacology, substance abuse treatment, and more.

The Opioid Risk Solution helps you gauge how your provider network is performing in the opioid crisis by applying opioid quality indicators to identify provider performance gaps and how to address them. The solution identifies which providers are performing below benchmarks and helps you respond to them.

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We can help you gauge how your provider network is performing in the opioid crisis.
The Relias Opioid Risk Solution powers better population health management at the patient level by:

• Identifying patient members and their different levels of risk for the misuse and abuse of opioids.
• Providing an interactive dashboard which displays a registry of individual member patients identified at risk for either problematic opioid use or overdose.
• Grouping patient members into specific registries so a user can look at a metric to see which prescriber or patient triggered an alert.
• Allowing you to see details on your membership in high, moderate and low risk categories and to view drill-down details on individual members.
• Providing quality measure details for each individual member.
• Giving insight into prescribers and pharmacies most actively involved with your at-risk member patients.

The Relias Opioid Risk Solution gives providers the information they need about their own practice to drive performance improvement by:

• Identifying providers whose prescribing data falls outside of clinical standards and best practices.
• Determining risk factors by combining opioid measures with other risk factors and comorbidity measures.
• Providing details around the factors driving risk.
• Applying predictive modeling based on claims data to determine which practices have the biggest risk for misuse, to identify patients that providers should evaluate for Opioid Use Disorder.
• Providing evidence-based clinical guidelines including alternative treatment options to inform practice and interventions.

Opioid Dashboard

Patient Member Data Visualization
Stratifies your members according to their risk of problematic opioid use and overdose, giving you the information you need for practice. Our tool is continuously updated to reflect developments in the fields of pain management, opioid pharmacology, substance abuse treatment, and more.
Population Data Visualization
The Relias Opioid Risk Solution computes risk using algorithms based on automated predictive models that become more accurate over time.

Example: This view shows the last 12 months of claims data for members in the state that have filled an opioid prescription in the last 90 days, including high level summaries information for the spend, hospital admissions, opioid Rx spend, ED visits, and SUD spend.

Informed Learning
Embedding direct links to learning content in the performance view encourages providers to enroll in the course to learn “how” to improve.

Example: 45 of your 132 peers have completed this course. Their rates are 1% lower than those who have not.

Summary:
Using the Relias Opioid Risk Solution, you can quickly identify your member patients at risk of problematic opioid use and overdose, and prescribers with outlier prescribing habits. This risk stratification tool helps inform decisions at the population level and helps focus interventions at either the patient or prescriber level. The interactive dashboard enables you to focus on those at greatest risk to keep your costs lower, your patients safer and your prescribers aligned to evidence based practices.

To learn how Relias can assist in your organization, contact us.